



# CAREGIVERS 2016-2017 Annual Report

## The Year in Review...

*Thank you so much for your continuing support of volunteer caregiving.*

This last year, we watched CAREGIVERS make significant in-roads into Ventura County's healthcare community by demonstrating the value of its hallmark—the one-on-one volunteer match—as a secret weapon for seniors to maintain access to health services.

Access like this comes from strong community support, like the Amgen Foundation which has been steadfast for 25 years. Following their lead, Swift Memorial Healthcare Foundation and Livingston Memorial Foundation have also been constants in the equation. Stretching our wings requires a broader base of funding, which began with new funding from the Kaiser Permanente Foundation and SCAN Healthcare five years ago. This year, Volunteer Caregiving made huge strides when both Dignity Health St. John's and Gold Coast Health Plan made awards that recognize the value of a helping hand, the value of a volunteer.

These collaborations are groundbreaking. The roadblocks that must be overcome to bridge the gaps between the hospital sector and community-based resources like Volunteer Caregiving are not for the faint of heart. These are not natural relationships, but they should be, and we're watching closely as Ventura County breaks new ground in ironing out systems, tracking the economic advantages of working with CAREGIVERS, and learning to lean on the best of everyone's talent-set for the benefit of the patient.

Aging seniors are one of the fastest growing and most vulnerable populations in our nation. It's going to take all of us to get this right and it's going to take everyone's support to ensure programs like CAREGIVERS survive and thrive for those of us that are headed in that direction.

**Joan Cardellino,**  
Vice President, Volunteer Services  
California Association of Hospitals and Health System



*Volunteers are priceless.* Donations ensure that CAREGIVERS, seniors and volunteers never have to pay to provide or receive services.

## From our archive of Senior Letters

Thank you all. You are a blessing. Rides to medical appointments are very much appreciated.

—Love & Prayers, Paula

Thank you so much. Our family suffered a stinging loss, but our faith and support of friends (like you all!) have helped immensely.

—Much love, Dan

*Phone Message to Office Team:* Karen called today. Her volunteer Kristy visited and walked the dog every day for two weeks after Karen's hysterectomy. Karen is SO happy! It helped her recovery to walk with them sometimes, too. She wanted to call and let us know she is extremely appreciative. She is going to try to walk the doggy herself from now on.

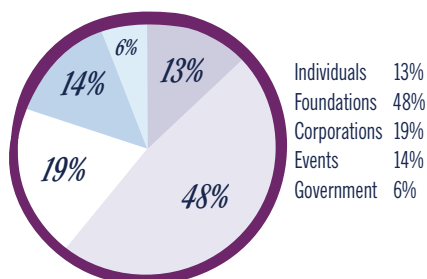
Thank you for all the rides to medical appointments. I always get there in time. Wishing all of you much Happiness, Health and Love

—Kelley

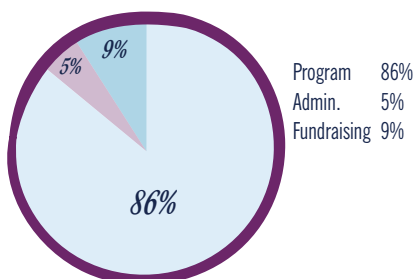
I am a graduating senior attending CSUCI. You spoke in one of my health courses exactly one year ago. I just wanted to thank you again for all the efforts you do in serving our older population. I had the opportunity to present your amazing organization in a final presentation. I'm happy to have been able to learn about our community and I admire all your hard work.

—Hiddy

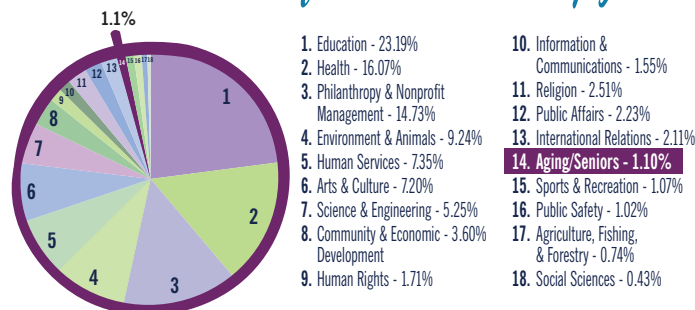
### Revenue



### Expenses



### \$8.2B California Philanthropy\*



\*Foundation Center, total giving, 2014 (subject to updates)

# 2016-2017 Data Points *Putting a Face on a Statistic*



Metrics help us analyze our strengths and weaknesses. In our quest to justify outcomes, however, we sometimes lose sight of the real beneficiaries. Following are a few key stories that give rise to the statistics.



Volunteers provided **5,303** trips to doctors, pharmacies, grocery stores, etc.

Event committee volunteers raise close to **\$80,000** annually for General Operations.



On average, **50** seniors are on a waiting list for a volunteer match.

**76%** of the seniors served rely solely on social security/disability. Running out of savings is a reality.

**20%** of our volunteers and seniors are male.



**70** percent of seniors enrolled stay independent for 5+ years and **68%** never transition to an institution.

*Jack* - Where you're at right now won't last forever. In the span of two weeks, my wife, Lu, and I took a turn for the worse. It happened just after my 82nd birthday. The fact of the matter is that I can't manage some of life's most simple tasks anymore. ~Jack Tingstrom, former mayor, City of San Buenaventura

*Doug, 67, & Pauline, 81*, have lived in their Pt. Hueneme home for years. Surrounded by a big, beautiful backyard and patio, the last major rain prompted a growth spurt of flora and fauna that overtook the exterior. Thanks to the City of Pt. Hueneme, CAREGIVERS was able to secure a 40-yard dumpster and thanks to our Building Bridges high school volunteers and a volunteer team from Trinity Lutheran Church, they filled it to the proverbial brim. These are debilitating projects that overwhelm our seniors, and the type of project where a team effort transforms the landscape, clearing the way for safer mobility—in just a few hours.

*Carolyn* - At 77, Carolyn's only son is one of her greatest burdens and obstacles to peace of mind. He's a grown man, and she can't count on him for anything. Her health has deteriorated, she's no longer driving and it's increasingly difficult to walk. She needs help with groceries and rides to the doctor, and she feels very alone becoming more and more reliant on Christian television and radio to help her keep her faith in the future. She feels vulnerable because she is. Sometimes a simple Phone Friend is all a person needs to flip the switch from darkness to light. Knowing CAREGIVERS is just a call away paves the way for a ray of hope, and the opportunity to exercise a Plan B.

*Tom & Michelle* - By today's standards, 70 is not that old. Eighty-five is the new gateway to "old age." But, not everyone ages the same. Tom and Michelle are facing cancer together and when they found out it spread from Michelle's spleen to the liver, the outlook dimmed and their daily climb up the hill got steeper and steeper. Compound this with financial struggles, limited mobility, and it's no wonder that maintaining the apartment, running a vacuum, dusting, and cleaning out cupboards became insurmountable chores. Referred to CAREGIVERS by the County's In Home Support Services, this is one of the examples where Volunteer Caregiving fills a personal gap when public funds don't.



CAREGIVERS: *Volunteers Assisting the Elderly*  
Now serving **10** cities throughout Ventura County.

Volunteers donated **56,795** hours in senior support, 2-4 hours per week in neighborly deeds.

The Office Team fielded **482** new inquiries, relying on specialty services from many of our **150** partner programs.



The Building Bridges Intergenerational Program has graduated **514** alumni in the last 16 years.

**36%** of the seniors served are over the age of 85.

