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# Building Bridges Marks 15th Anniversary

In Spring 2002, CAREGIVERS celebrated the launch of the Building Bridges Intergenerational Program through St. Bonaventure's Interact Club which was sponsored by Ventura East Rotary. Fifteen years later, CAREGIVERS has hosted 540 students, 46 of whom are currently in the program and representing seven participating high schools this semester.



As one of the premier afterschool programs, Building Bridges maintains an outstanding reputation among students at area high schools. Coordinator George Harrell rarely has to publicize this volunteer opportunity anymore. "Graduating seniors are already recruiting the next cohort before the semester ends," George said, adding that the more experienced students readily step up to mentor incoming volunteers.

 $BUILDING\ BRIDGES\ MARKS\ 15TH\ ANNIVERSARY\ continued\ on\ page\ 7$ 



## Volunteer John Baker Garners 2017 Norm Weitzel Award

Reaching back into the archives, the CAREGIV-ERS team stumbled upon an interesting factoid.

Volunteer John Baker, thought to have begun volunteering in 2007 after his retirement, actually came to CAREGIVERS in 1988. Baker's volunteer service to seniors spans 29 years, and that's one of the first criteria CAREGIVERS reviews in making the Norm Weitzel Award.

"With all the talk about fake news, we wanted to set the record straight when it comes to John Baker," said Executive Director Tammy Glenn. "Previous articles about John had his start date in 2007, but that was after a relatively short hiatus he enjoyed in between serving seniors. John Baker's original file was started in January 1988 and we've got the paper to prove it."

The archival folder, which holds notes from John's first interview to become a volunteer, clearly states he intended to make a three-month commitment "to do something that is needed." His first assignment was Senior Sophie Mason. Sophie's vision was impaired and John became her "eyes" once every week or two to visit and to help her process bills. Then, John was assigned again, helping another senior read his mail and encourage short walks. By 1992, John was on his fourth or fifth assignment and he had recruited his wife Catherine. Together, they were assisting seniors with shopping.

Senior after senior, assignment after assignment, John's volunteer file filled up with notes over the years. "He is one of CAREGIVERS' most trusted volunteers and a model of community service," Tammy said.

VOLUNTEER JOHN BAKER GARNERS AWARD continued on page 6

# Profile Match: Kenney & Larry By Jim Bonner, Volunteer Writer & Photographer

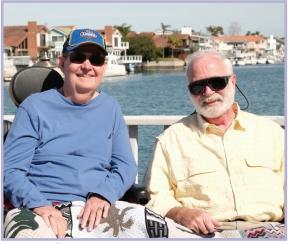
Kenney and Larry's story is just one of hundreds happening here in Ventura County—and many thousands nationwide. Every volunteer caregiving relationship is unique and everyone has a story about their life and their experience.

Meet our caregiving recipient, Kenney, who lives in Oxnard. Due to his condition, Kenney needs help with things that most of us take for granted. He was born, grew up, and went to school in the Southern California town of Hawthorne. He says he graduated from high school on a Sunday and

started work for North American Aviation on Monday!

In 1966, Kenney joined the Navy on a destroyer in Vietnam. He saw action there and tells me his ship was hit twice in battles and lives were lost. After his enlistment ended, he came back to North American Aviation and earned a college degree from the University of Redlands using the G.I. Bill. He went on to work in the banking industry in the I.T. departments until his retirement. He moved out of the Los Angeles area, first to Simi Valley, then, finally, to his present home in Oxnard because, as he says, "it is a lot cooler here in Oxnard."

Volunteer Larry was born in Rhode Island and grew up on the East Coast. His career was in fiberglass manufacturing and the headquarters of the company were in Simi Valley. That was what brought him to Ventura County and it was there where he met his wife. They later realized that Oxnard was where they wanted to live. (What a coincidence that Larry and Kenney both worked



Kenney and Larry Photo Credit: Jim Bonner

or lived in Simi, and their paths never crossed there. It does seem they were destined to meet at some point!)

For those that don't know, Rhode Island is a state where boating is very popular. Larry said that during his childhood his family always had a boat, and when he came to Oxnard he was able to spend more time sailing and became very active in racing. He continues to be a participant in CAREGIVERS' annual "Sailathon" fundraiser. One day, Tammy Glenn, executive director for the organization, spoke at a Ventura Sailing Club meeting about what

CAREGIVERS volunteers did for the senior community here in Ventura County. Larry caught Tammy right after the presentation and offered to help.

He started by volunteering his time driving seniors to their appointments or wherever they needed to go. Then along came Kenney, who reached out to CAREGIVERS for a helping hand. CAREGIVERS took note! Kenney had a love of boating. He used to go fishing and waterskiing on his own boat and his home is now at the harbor—on the water.

Volunteer Larry came immediately to mind. Not only did the two men have some great things in common, they were practically neighbors. Well, not too far by Southern California standards. Larry and Kenney have been paired now for almost one year. They've become more than a Volunteer and a Recipient, they've become good friends.

# Thank you to the 2017 Evening of Gratitude Sponsors

Thursday, May 4, 2017\*



Royal Bakery

Marty & Lydia Kaplan



Ginny & Bob Camarillo



\*It's never too late to get on the invitation list for this special event.

Be sure to let us know you'd like to attend.

# It's not always Coffee@CAREGIVERS

Sometimes it's Tortellini Soup at CAREGIVERS! The March Coffee@CAREGIVERS featured a twist, turning into an impromptu party for Administrative Assistant Megan Hickernell, who happened to be celebrating a birthday. Colleagues had her flustered when they showed up with homemade tortellini soup, garlic bread, salad and cookies. Our volunteers enjoyed the festivities as well. Join us next month (always at 11 a.m. on the 4th Thursday!) as we are now hosting a themed presentation from one of our many partners in the community. You are welcome and encouraged to bring a friend—or two!







# Celebrate the Good Deed Doers in Your Life with a Gift to Caregivers

Good Neighbor Jewel Gentlewoman Gentleman Diamond Capital Fellow Superhero Pearl Persona Grata Mensch

## Good Deed Doers are not that hard to find! But, sometimes you have to pull out your magnifying glass!

Howard Boroughs

#### In memory of...

Susan Lane Stalbird

HONOREE - CONTRIBUTOR

Jessica Candelaria In memory of Luis & Maria Bello Meister Family In memory of Larry Meister Foundation Carol Boatner In memory of Sister Veronica Charlotte Haney In memory of Len Stauffer Cathleen Howell In memory of Grace Will Amelia "Mickey" Lubansky Susan Leonard In memory of Rob Love In memory of Jim & Betty Love Marketa Pospechova In memory of Hana Pospechova J. Susan Sher In memory of Berta Steele's sister, Arlene Defren

#### In honor of...

HONOREE - CONTRIBUTOR

Anne Dascomb In honor of In honor of Movses Eleyjian Robert Taylor In honor of Mary Kay Schilken In honor of

Ryan Etherton Marketa Pospechova June Berlinger Keith York

If you are honoring and/or remembering more than one person, please use a separate piece of paper to list their names. Send to CAREGIVERS, 1765 Goodyear Avenue, Suite 205, Ventura, California 93003, or call (805) 658-8530.

To become a volunteer or a Good Deed Doer, call us at (805) 658-8530 or visit www.vcCaregivers.org

"You never know when a helping hand will change another person's entire life." — Zig Ziglar

Vulnerable seniors in our community need your helping hand today! With your helping hand in mind, CAREGIVERS is pleased to announce the launch of our first giving club.

In memory of



## The Helping Hands Club

Become a First-Year Member with your starting gift of \$10 per month.

- 1:1 matches for frail, homebound seniors
- Phone Friends
- Transportation assistance
- · Counseling, referrals and Information Care Packages for seniors and their families
- Honey Do Crew
- Building Bridges Intergenerational Student Volunteers

If you donate at least \$83 per month, you are eligible to join our Helping Hands Club at the Heart of Gold Fellowship Level.



# Heart of Gold Fellowship

Recognizing Individual Gifts of \$1,000 or more annually

CAREGIVERS founded the Heart of Gold Fellowship, an exclusive stewardship group that works in partnership with like-minded donors to transform the lives of vulnerable seniors who are navigating their way through the psycho-social and financial challenges of aging.



## 439 CAREGIVERS Volunteers Missing

Seventeen of our 456 volunteers met Friday evening, April 7 to tell their story for a special production by Tastemade which is featuring six California-based charities. The Good Truck arrived at the CAREGIVERS office on Thursday, April 6 to spend a day in the life of the office team and volunteers, wrapping up with a celebratory dinner hosted at the McGrath Family Ranch with Chef Michelle Kenney of La Dolce Vita. The show will air on Apple TV starting in June.

HELPING HAND FOUND AT END OF ARM continued on page 4

Members of the Heart of Gold Fellowship share a powerful commitment to the most vulnerable in our community through philanthropic support of CAREGIVERS' mission of promoting the health, well-being, dignity, and independence of frail, homebound elders through one-on-one relationships with trusted volunteers.

Heart of Gold Fellowship members receive exclusive updates and information about CAREGIVERS' services, as well as opportunities to engage with organizational leaders, volunteers and service providers throughout the year.

You can join this elite group today by committing to a gift of \$1,000 or more in support of CAREGIVERS for seniors in your neighborhood and event sponsorship.

Event sponsorship is eligible for Individual Gifts as long as the net result meets the qualifying level.



The Heart & Hands Society
Honoring Gifts of \$1,000 or more on an annual basis pledged for 5 or more years. Starting at \$83 per month.

The Heart & Hands Society is an elite association of forward-thinking individuals who understand the critical nature of philanthropic investment in order to facilitate social change. The society recognizes individual donors who make a five-year commitment of \$1,000 or more each year to help alleviate the challenges faced by the seniors in our community who are outliving their resources and have little to no one else on which to rely.

In order to achieve this vision, CAREGIVERS launched the Heart & Hands Society, a special giving society of individual donors that recognize the need for on-going, sustainable funding. As investors, philanthropists and change agents, members of the *Heart & Hands Society* commit to donate \$1,000 or more on an annual basis for a five-year period. This investment in the long-term sustainability of CAREGIVERS' programs and services ensures that we will be there when no one else can be — when the needs become too profound and the opportunities become too few. We will be there to offer comfort along the journey and hopefully, a softer landing toward the end of life.

Make your five-year commitment of \$5,000 or more and join the *Heart & Hands* **Society** today.



### Heritage Society Create a Legacy Through Your Planned Gift

Until we find a cure for Old Age, your planned gift to CAREGIVERS today, helps guarantee that 10, 20 — even 50 years from now — seniors in Ventura County will have access to supportive services that help them navigate their final years with dignity and quality of life.

It's easier than you think. A simple codicil can secure your gift to CAREGIVERS. Just a few words in a letter, copied to our Executive Director, is all that is needed...

"I, [name], of [city, state, zip], give, devise and bequeath to CAREGIVERS (Tax ID 77-0081692) [written amount or percentage of the estate or description of property] for its unrestricted use and purpose."

That's all it takes!

Planned gifts can be funded with cash, stock, real estate, insurance, or other tangible personal property.

Help safeguard the future of CAREGIVERS' response to isolated, homebound seniors in our community by making a planned gift today. To discuss options and learn more about how you can leave a legacy, please contact Tammy I. Glenn, executive director, at (805) 658-8530 or email tammy@vccaregivers.org

## Gulls Just Wanna Have Fun!



In celebration of their 40th Anniversary, the Channel Islands Gulls returned to Silverstrand last November where their story first began 40 years ago.

The year was 1976, and three local ladies put their time and resources together to form one of Ventura County's starlight non-profit organizations, The Channel Islands Gulls. Their objective is to raise money for local charities while providing social and emotional support to their 160 members who come together to contribute annual grants to 11 local charities. CAREGIVERS has been a grateful recipient since 2009.



l-r: Marv Beth Dersham. Wanda Pirkle and Florence Haney at Wanda Pirkle Park in Silverstrand

One of those Gulls was Wanda Pirkle of Silverstrand. Wanda worked for the water district and was community-minded. Before recycling became "the thing," Wanda put notes in the water bills of her neighbors requesting that they separate the recyclables. Then, she

drove around in a little cart picking up plastics and paper, turning them in and putting that money into developing this community. Wanda never owned property in the Strand, but as a tribute the Water District dedicated a small piece of land in her honor and memory.

Wanda Pirkle Park was the perfect location for Hole No. 1 of the Silverstrand Open, an annual miniature golf tournament that benefits CARE-GIVERS. A gaggle of Gulls gathered to celebrate 40 years and hosted one of the most popular holes at the tournament.

While Wanda Pirkle Park welcomes residents and visitors year-round as they enter the unincorporated beach community adjacent to the Port of Hueneme, there is no better time to visit than the Silverstrand Open. Save the date for the 2017 event, November 18—always the Saturday before Thanksgiving. You might even spot an indigenous Gull or two! For more information on how you can contribute to CAREGIVERS through the Gulls—or to participate in the 2017 Silverstrand Open, call (805) 658-8530.

Following is a list of Donors who were able to give from November 1, 2016 through April 5, 2017

#### **INDIVIDUAL DONORS**

The Allison Family Helen Babcock Julia Barrett Charleen Boxx Arlene Briggle Richard Calzada Jim & Sue Cheek Todd & Cheryl Collart Paula Dunlop JR & Carolyn Ellis Beverly Ann Erickson

Gail Field Chris Gelalich, Jr. Melissa Gibbs Kevin Gillogly Tammy I. Glenn Margaret Heise Mary R. Johnson Paula Kelley Niall Kelly John McBride Sharon McGahan Rosalind McNulty Jay & Jean Midgley Ken R. Oelschlager Michele Overgard Maria Page Daryush Parsa Tracy Platt Margery Ricards Lori Robinson Edward Rose Susan J. Sher

Berta Steele Tami Tapia Tyler Tugwell Tina Vasquez Mary J. Wallace Henry Walsh Gale Willhite Richard & Alicia Yoder Keith York

#### CORPORATIONS, FOUNDATIONS AND LOCAL GOVERNMENT

Amgen Foundation AT&T, YourCause Channel Islands Gulls City of Camarillo City of Oxnard Dignity Health

Montecito Bank & Trust San Buenaventura Institute Sence Foundation Silicon Valley Community

Foundation/Edison International Sisters of The Holy Cross

S&S Bankcard Systems Swift Memorial Healthcare Foundation Trinity Lutheran Church

Ventura County Homecare Association, Inc. Wood-Claeyssens Foundation

United Way of Ventura County

United Way California Capital Region

#### **ANNUAL APPEAL**

Blenders in the Grass The Allison Family John Adams Mr. & Mrs. Jim Archer John Baker Don & Terry Belless Bartley Bleuel Ellen Brokaw Betty Burnham Richard Calzada Jo Ann Clark

Jack & Wendy Collings Don & Cathleen Dalzell Peter Dowler Louise Welsh Dunlap Paula Griggs Shirley Hackleman William Hosek J. Diane Hurley Karen Jensen Matrie Johnson Mary R. Johnson

Deva Kelly Edward & Susan Lacey Barbara Maitland Vivien Mason Daniel McGrath Clayton & June Paschen W.E Paterson Shannon Quinn Frank & Sandra Ruscetti

Leonora Schreiber

Gail Shirley Susan Lane Stalbird Kathy & Bill Strnad Dorcas Thille Maria Vega Mr. & Mrs. Robert Villar **Doris Weinert** Wendy Winet Ronald Wong Donald Yokum

#### WEARIN' O' THE GREEN

Al Lowe Construction The Allison Family Danny Anderson **ARTZworks** Peter Barry Domino's Pizza Bashar Bawab Gary Best Michael Bick

Ginny & Bob Camarillo Dan Cameron Armando Casillas Diana Castro Tim Chan Jack Collings

Comfort Keepers In Home Care Cronie's Sports Grill Mark Cross

Humberto Cruz Doug Cryer Cypress Place Senior Living Bruce Dandy Danny's Deli and Grill

Jon Dettmering Chuck Diego Louise Welsh Dunlap John Dwyer ElderAdmin Bill Elmer Enterprise Holdings Paul Fairweather Matt Fausset Brian Fisher

David Foldes Jon Forgey Pete Foy John Fraser Eric Freie Dave Gable

Jerry Gallagher General Pavement Management

Tammy I. Glenn Dylan Gonzalez Jason Griffith Gold Coast Health Plan Mauricio Guardado Dave Hamilton

James Hendrick Tony Hester Husam Hishmeh Ross Hoffman David Honda Ben Hopps

Jack Collings & Associates Jim Jacobs Keith Jacobson David Jaffe William Kearney Steve Kearns Randy Kendall Bob Knudson Bill Kracht Ray Krakowski Roger Lalonde Karl Lassiter Jonothan Laubacher

Tim Laubacher Carol Leish Dezi Lindberg Sam Martinez John McBride McCarthy Companies Stacy McCloskey Joe McGee Beverlee McGrath Dan McGrath Martin McGrath Mary McGrath MediTech Steve Michalec

Mimiaga Engineering Group Steve Mimiaga Chap Morris Jim Nicoll Jim Nicoll Insurance

Oaktree Property Management Tony Ochoa Jonothan Oltz OnQFinancial Pablo Ortiz Ralph Ortiz Nathan Parsons Jeff Pennington Play It Again Sports Marketa Pospechova Dan & Jamie Price

Johnny Puentes

Rabobank

Rick Raives

Dr. Johannes Ramirez Betsy Randle Mike Rodriguez David Rosolek SAGE David Schwartz Robert Segovia Mel Sheeler Richard Sheeler Roadrunner Shuttle Michael Slater Steve Snyder S.M.A.R.T. David Teems Jack Tingstrom Mike Toler TransAmerica The Wharf John Towne

Urbane Cafe Ventura Chamber of Commerce Vic's Plumbing VITAS Charles & Blake Wade Jerry Warwick

Wedgewood Wedding & Banquet Center Dave Weitzel John Weitzel Lynn Weitzel Steve Weitzel Jeff Wentling

John Zaruka

#### **GIFT IN KIND**

Allison's Country Cafe **ARTZworks** Lauri Barcelona Buenaventura Golf Course Cantara Wineries Executive Limousine & Coach Service Gail Field

Tammy I. Glenn Grapes & Hops Grill 19 In-N-Out Burger Island Packers Kirby Auto Group Luna Grill Lure Fish House

Fiona Ma Moss Motors Olivas Links Saticoy Country Club Snapper Jack's Taco Shack Spanish Hills Country Club Stacy Zaruka S&S Bankcard Systems

Ventura Rental Party Center Ventura Travel Proffessionals John Weitzel Wicked Brew

Wood Ranch BBQ & Grill Yolanda's Mexican Cafe

#### **EVENING OF GRATITUDE**

Bob & Ginny Camarillo Community Memorial Hospital Kaiser Foundation Hospital Marty & Lydia Kaplan

#### **SAILATHON**

Storhouse Storage Center Randy Greenwald Jeff Robinson

#### SILVERSTRAND OPEN

Sergio Arias Joan Aronson Jennifer Brown Ray Capolla John Chaing John Fees Bob Forbec Steve Gauger Jenna Gilliland Tammy I. Glenn Schwartz Gary Glockzin, Jr. Jim Guiboa Roger Hayne Jim Hensley Bob Jurik Karen Knight B J Korenstein Kevin Kowal Sandy Nelson Carrie Palmquist Tom Resler Anthony Restivo Jim Saurer Karen Sellers Kevin Shaughness Brian & Mary Thomas Lisa Thomas Rose Wentworth Susan Wood

You can use the Donate button at www.vccaregivers.org to make your gift today. Just be sure to send us an email to info@vccaregivers.org designating your honoree.



Some donors are not listed and wish to remain anonymous. If your name is missing, incorrectly listed or misspelled, please accept our sincere apology and bring the error to our attention.

CAREGIVERS: Volunteers Assisting the Elderly does not sell or share its donor list with any other organization.





Longevity is important, but it's not the only criteria for the award. Norm Weitzel set a high bar, not only as a volunteer, but also as a donor to CAREGIVERS. Norm was concerned about the sustainability of the organization which is why he worked with Jack Collings to establish the annual *Wearin' o' the Green* golf tournament, which is now lovingly known as the Norm Weitzel Open in his memory. The Norm Weitzel honorees share this interest.

John has also been a champion for CAREGIVERS in the community. While his volunteer time might not be visible to most, he is a humble representative exhibiting the fine qualities found in individuals who choose to spend their time as CAREGIVERS volunteers.

With this history, the nomination of John Baker was forwarded by the CAREGIVERS Board of Directors to Norm Weitzel's brothers at the Masonic Lodge of Ventura. The Mason's worked closely with CAREGIVERS to develop the award in Norm's memory and were delighted to join CAREGIVERS in bestowing the honor which is now a centerpiece of CAREGIVERS' Annual Evening of Gratitude, presented this year by SCAN Health Plan.



# Sr. Pat Celebrates 60-Year Jubilee

CAREGIVERS Founder, Sr. Patricia Callahan of the Sisters of St. Joseph of Carondelet, marked her 60th Jubilee on Saturday, March 25 in a celebratory mass at Carondelet Center in Los Angeles.

During her 60-year calling, CAREGIV-ERS: *Volunteers Assisting the Elderly* was brought to life when Sr. Pat wrote

the grant proposal that landed initial funding for the launch of the organization in 1984. Her career also included her service as a Math and Physics teacher at various California high schools.

She is an extraordinary wood artist, with recent works of gourd musical instruments and whimsical pieces—one of which features CAREGIVERS' own Ugly Fish, mascot of our annual SAILATHON. Sr. Pat continues to live locally, enjoying adventures in genealogy and visits with friends and family.

### The McGrath Family

# Wearin' o' the green Marks 25 Years



The Wild and Wonderful 2017 committee members went "all in" for the annual photo.

Committee Chair Jim Nicoll rarely missed his free practice session at The Bunker Indoor Golf prior to Monday night planning sessions.





David Cohen set the tone with his bagpipes the morning of the Norm Weitzel Open.

Jack & Wendy COLLINGS

Jack Tingstrom



Every weekday after school, George arrives in the CAREGIVERS van to pick up his student team. The van is filled with a cooler full of water and snacks for the road, and off they go. They arrive at the home of a local senior where George has already scoped out the project of the day.

"We do a lot of yard work, but we're not above doing laundry, windows, vacuuming, you name it!" he said. "Just remember, these are teenagers. They are not professional housekeepers." Students receive two kinds of training before they embark on a senior's home. First and foremost, George conducts a workshop called, "Walking in Their Shoes," where students learn about some of the challenges seniors face everyday. From arthritis to neuropathy, hearing and vision challenges, to the anxiety of having up to six teenagers swarm into the house, students' sensitivity is heightened once they have an idea how it feels to be on the other side. Secondly, they learn some safety measures, which includes wearing the proper gloves (e.g., yard work vs. laundry). Student volunteers may change bedding, but they do not scrub bathrooms or use power tools in the garden, and every visit is supervised by a CAREGIVERS staff member who has pre-screened the environment prior to arrival.







While the program has enjoyed generous support from individual donors like Ginny & Bob Camarillo who are committed to ensuring scholarships for the students, other Foundations such as Gene Haas, Los Angeles Times, SCAN Health Plan, and Swift Memorial Healthcare also have stepped up with funding over the years. By far and away, however, the Harriet H. Samuelsson Foundation has been the most steadfast supporter ensuring sustaining funds for this valuable extension of volunteers for seniors who need them the most. "This endeavor with the student volunteers would likely not exist without the general operating support and designated funding CAREGIVERS receives," said Tammy Glenn, executive director of CAREGIVERS. "As it stands, we are hard-pressed to find funding to replace the two vans which are so integral in helping us navigate the community, including the escort we provide our students."

Going forward, CAREGIVERS is exploring options for expanding the program without having to commit additional funding to staffing. "We're looking for a way to enlist the support of a service club, for example, that already works with the high school and would partner with CAREGIVERS to provide this valuable opportunity in other communities and in general to more seniors," Tammy said. "This summer promises time for us to consider some of those options."

In the meantime, high school students who are interested in participating should plan ahead and contact CAREGIVERS in their freshman or sophomore year. Space is currently limited with at least seven high schools currently participating.

## Remembering Those Who Bring Meaning to Our Work and Volunteerism...

Nov. 1, 2016 - Apr. 30, 2017

Sending special wishes to the family of Senior Liv Griffin who has been part of the CAREGIVERS family since February 2012.

Joy Aggas since June 2006 Virginia Brown since October 2008 Gertha Caffee since November 2008 Elizabeth Clem since October 2011 John De La Rosa since July 2014 Marge Donovan since September 2012 Mary Glasgow since October 2012 **Liv Griffin** *since February* 2012 **Evelyn Hefter** *since July 2003* Simona Hernandez since March 2011 Marilyn Hindle since April 2011 **Kat Hunter** *since October 2010* Betsy Jackson since April 2012 Louise Killam since October 2009 Rachel Kulick since November 2016 Richard Lewis since January 2012 \*June Longshore since September 2009 \*Mary Norris since April 2014 Vincent Shade since November 2016 Rolland Sickles since January 2016 Amy Spiva since September 2009 Ramona Vallejo since June 2012 Edith Wald since December 2005

**DECEASED VOLUNTEERS** \*June Longshore since January 1990 \*Mary Norris since August 2014

\* (FYI Additionally both ladies were Persons Served)







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## **CAREGIVERS MISSION**

To promote the health, well-being, dignity and independence of frail, homebound elders through one-on-one relationships with trusted volunteers.

#### **BOARD OF DIRECTORS**

Gail Field, Chair

Karen Jensen, R.N., Ph.D., Vice Chair

John D. L. McBride,

Marty Kaplan Secretary

Cecilia Macias

Augie Martinez Ann Romero



Thank you to Jim Bonner, Volunteer Photographer

#### **HONORARY BOARD MEMBERS**

Howard Boroughs
In Memoriam
Larry Bushey
Virginia A. Camarillo

Vilgilia A. Califarili

Jack Collings Andy Killion

Anna Kittleson

Fiona Ma Dan McGrath

Shane Morger Mel Sheeler

Judy Thiele

Jack Tingstrom Hon. Harry Walsh

Norm Weitzel,

*In Memoriam* Keith York

John Zaruka

#### **OUR TEAM**

Tammy I. Glenn, M.B.A., Executive Director

Courtney M. Darrough, *Program Manager* 

George Harrell,

Building Bridges Coordinator

Megan Hickernell,
Administrative Assistant

Marketa Pospechova, Program Assistant / Analyst

Lauri Barcelona,

Barcelona Bookkeeping

Laura Cunz, RiversEdge Graphic Design

Carolyn Gamble, Foundation Relations

CAREGIVERS is one of the original pilot programs for volunteer caregiving — in the nation! Founded in 1984, the Sisters of St. Joseph of Carondelet collaborated with Trinity Lutheran Church, Ventura; First United Methodist Church, Ventura; Sisters of Holy Cross; National Council of Jewish Women; First United Methodist Women, Ventura; First Presbyterian Church, Santa Paula; Ventura County Church of Religious Science, and the Aid Association for Lutherans. CAREGIVERS: Volunteers Assisting the Elderly is committed to providing services, offering employment and volunteer opportunities to all, without discriminating on the basis of age, gender, race, religion, sexual orientation, ethnicity, national origin or disability.



Time and Talent Needed.

Join us for our next committee meeting.

Call (805) 658-8530